

# Do You Have Lyme Disease?

Lyme disease is a clinical diagnosis. The results of commonly marketed antibody tests (anti-Bb tests) to detect *Borrelia burgdorferi*, the organism that causes Lyme disease, may be misinterpreted. According to the FDA Public Health Advisory dated July 7, 1997, "Physicians are advised to base diagnosis on history (including symptoms and exposure to the tick vector), physical findings, and laboratory data **other than anti-Bb blood results.**"

The following is a list of symptoms common in Lyme disease. Check the boxes that apply to you. If you have **0-10** check marks, you have a low risk of Lyme; **11-20** means you most likely have a Lyme infection; and **greater than 20** means you are at high risk of Lyme, and should see a Lyme literate MD or begin treatment using Germ Slayer, increasing the dosage to 2 oz 4 times/day as tolerated due to Herxheimer Reaction.

Place a check in the box if you have the symptom now, or if you have had the symptom in the past.

## Tick bite

- Tick bite
- Rash basically circular, sometimes spreading (rash occurs in less than 50% of Lyme patients, and may be on body parts other than the bite site)

## Musculoskeletal System

- Joint pain or swelling
- Stiffness of joints, back, neck
- Muscle pain or cramps
- Creaking, cracking joints
- Heel pain
- Spinal sensitivity
- Movement of pain or swelling to different joints

## Neurologic System

- Headache, persistent/severe
- Bell's Palsy (facial paralysis)
- Burning or stabbing pains
- Tremors or unexplained shaking
- Numbness in body and/or extremities, tingling, pinpricks
- Weakness or partial paralysis
- Pressure in the head
- Lightheadedness, wooziness
- Poor balance, dizziness, difficulty walking
- Increased motion sickness
- Seizures, stroke symptoms
- Restless legs

## Mental Capability

- Memory loss (short or long term)
- Confusion, difficulty in thinking
- Forgetting how to perform simple tasks
- Speech difficulty (slurred or slow)
- Stammering, stuttering speech
- Going to the wrong place

## Psychological well-being

- Mood swings, irritability
- Unusual depression
- Panic/anxiety attacks
- Overemotional reactions, crying easily
- Aggression, rage
- Insomnia
- Too much sleep
- Difficulty falling or staying asleep
- Obsessive-compulsive behavior
- Suicidal thoughts
- Paranoia
- Disorientation (getting or feeling lost)

## Head, Face, Neck

- Stiff or painful neck
- Headache, mild or severe
- Twitching of facial or other muscles
- Jaw pain or stiffness
- Sore throat
- Unexplained hair loss
- Scalp rash

## Eyes, Vision

- Floaters
- Double or blurry vision
- Pain in eyes
- Swelling around eyes
- Light sensitivity
- Flashing lights
- Tearing and or dry eyes
- Vision loss/blindness

## Ears/Hearing

- Decreased hearing in one or both ears
- Buzzing or ringing in ears (tinnitus)
- Pain in ears
- Sound sensitivity

## Digestive and Excretory System

- Diarrhea
- Constipation

- Irritable bladder (trouble starting, stopping)
- Frequent urination
- Upset stomach, vomiting
- Bloating
- Gastroesophageal reflux

## Respiratory/Circulatory System

- Shortness of breath
- Chest pain or rib soreness
- Night sweats or unexplained chills
- Heart palpitations or extra beats
- Heart block, heart attack
- Valve prolapsed, murmurs

## Reproductive System

- Loss of sex drive
- Sexual dysfunction
- Unexplained menstrual pain, irregularity
- Unexplained breast pain, discharge
- Testicular or pelvic pain

## General Well-Being

- Extreme fatigue
- Symptoms change, come and go
- Pain moves to different body parts
- Unexplained weight gain or loss
- Malaise
- Chills
- Rashes on body and/or scalp
- Swollen glands
- Unexplained fevers
- Itching
- Recurring infections (sinus, kidney, yeast, bladder, etc.)
- Increased sensitivity to allergens
- Exaggerated response to alcohol or sweets
- Nodules under the skin
- Early on, experienced a flu-like illness, after which you have not felt completely well since.